EXOS | EJA SERIES



Welcome to Osprey. We pride ourselves on creating the most functional, durable and innovative carrying product for your adventures. Please refer to this owner's manual for information on product features, use, maintenance, customer service and warranty.

OWNER'S MANUAL



bluesign® approved main

GRS-certified recycled main

body fabrics

body materials
• PFC/PFAS-free DWR

osprey.com

OVERVIEW





SHARED

- 1. Top pocket web loop attachment points
- 2. Removable floating lid with top- and under-lid zippered pockets
- 3. Integrated FlapJacket cover for lidless use
- 4. Internal hydration sleeve with center back hose port
- 5. Front stretch mesh pocket for stashing gear
- 6. Dual-access stretch mesh side pockets
- 7. Dual strippable side compression straps
- 8. Web lash points for attaching overloads
- 9. Removable sleeping pad straps
- 10. Dual ice axe loops with bungee tie-off
- 11. Dual zippered hipbelt pockets to keep essentials handy
- 12. Stow-on-the-Go trekking pole attachment
- 13. Sternum strap with integrated safety whistle

PRODUCT PROMISE

The AT crowd favorite—the Exos/Eja are high performance ultra-light backpacking packs providing category leading carry comfort and ventilation.

MAIN FABRIC

ACCENT

воттом

bluesign® approved recycled 100D high tenacity nylon ripstop, PFC/PFAS-free DWR bluesign® approved recycled 400D high tenacity nylon, PFC/PFAS-free DWR bluesign® approved recycled 100D high tenacity nylon ripstop, PFC/PFAS-free DWR

OVERVIEW



EXOS 38

MEN'S

 SPECS
 S/M
 L/XL

 Cubic Inches
 2319
 2502

 Liters
 38
 41

 Pounds
 2.63
 2.73

 Kilograms
 1.19
 1.24

 LOAD RANGE
 20-25 lbs. | 9-11 kg.
 20-25 lbs. | 9-11 kg.

 ADD-ON
 Reservoir 3L Raincover M
 Reservoir 3L Raincover M



EXOS 48

MEN'S

 SPECS
 S/M
 L/XL

 Cubic Inches
 2929
 3112

 Liters
 48
 51

 Pounds
 2.84
 2.94

 Kilograms
 1.29
 1.33

 LOAD RANGE
 25-30 lbs. | 11-14 kg.
 25-30 lbs. | 11-14 kg.

 ADD-ON
 Reservoir 3L Raincover M
 Reservoir 3L Raincover M



EXOS 58

MEN'S

 SPECS
 S/M
 L/XL

 Cubic Inches
 3539
 3722

 Liters
 58
 61

 Pounds
 2.91
 3.00

 Kilograms
 1.32
 1.36

 LOAD RANGE
 30-35 lbs. | 14-16 kg.
 30-35 lbs. | 14-16 kg.

 ADD-ON
 Reservoir 3L Raincover L
 Reservoir 3L Raincover L



OVERVIEW



EJA 38

WOMEN'S

 SPECS
 WXS/S
 WM/L

 Cubic Inches
 2136
 2319

 Liters
 35
 38

 Pounds
 2.56
 2.60

 Kilograms
 1.16
 1.20

 $\begin{tabular}{ll} Inches & 28h x 13w x 12d in. & 30h x 13w x 12d in. \\ Centimeters & 70h x 33w x 30d cm. & 75h x 33w x 30d cm. \\ \end{tabular}$

 LOAD RANGE
 20-25 lbs. | 9-11 kg.
 20-25 lbs. | 9-11 kg.

 ADD-ON
 Reservoir 3L Raincover M
 Reservoir 3L Raincover M



EJA 48

WOMEN'S

SPECS WXS/S WM/L Cubic Inches 2746 2929 Liters 45 48 Pounds 2.75 2.84 Kilograms 1.25 1.29 Inches

 $\begin{tabular}{ll} Inches & 28h x 14w x 12d in. & 30h x 14w x 12d in. \\ Centimeters & 70h x 36w x 30d cm. & 75h x 36w x 30d cm. \\ \end{tabular}$

 LOAD RANGE
 25-30 lbs. | 11-14 kg.
 25-30 lbs. | 11-14 kg.

 ADD-ON
 Reservoir 3L Raincover M
 Reservoir 3L Raincover M



EJA 58

WOMEN'S

 SPECS
 WXS/S
 WM/L

 Cubic Inches
 3356
 3539

 Liters
 55
 58

 Pounds
 2.81
 2.90

 Kilograms
 1.27
 1.32

 LOAD RANGE
 30-35 lbs. | 14-16 kg.
 30-35 lbs. | 14-16 kg.

 ADD-ON
 Reservoir 3L Raincover L
 Reservoir 3L Raincover L



CARRY





ULTRALIGHT AIRSPEED® SUSPENSION

ULTRALIGHT AIRSPEED® SUSPENSION

- Injection-molded ladder adjustment system provides 4" of torso adjustability
- + Two size per gender design ensures perfect fit and allows for quick, easy adjustment
- + Stronger mesh and reduced seam design provides increased reliability for rigorous thru-hike usage
- + 4 mm powder coated LightWire frame

EXOFORM HARNESS

- + Seamless layered mesh provides improved comfort and cushioning
- + 15 mm adjustable slide sternum strap

EXOFORM HIPBELT

- + Zippered hipbelt pockets provide secure and accessible storage for on-trail essentials
- + Extended hipbelt shape increases carry comfort
- + ErgoPull closure provides leverage to ensure snug fit and optimal load transfer

SIZING / FIT



EXOS - MEN'S SIZING

S/M 17-20.5" / 43-52 cm

L/XL 19.5-23" / 49-58.9 cm







EJA — WOMEN'S SIZING

WXS/S 13.5-17" / 34-43 cm

WM/L 16-19.5" / 40.5-49 cm







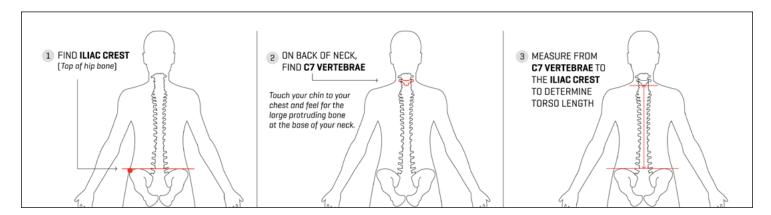
WOMEN'S SPECIFIC FIT

- + The unique suspended mesh located on the shoulders, backpanel, lumbar and hipbelt contour to a wide variety of body shapes and sizes to create a custom fit for your body.
- + The pack shape is narrower and deeper allowing greater freedom of movement and increasing stabilization by lowering the position of the load to a woman's center of gravity.
- + The shoulder harness is designed with different curves to create an anatomical fit for a woman's neck, shoulders and chest.
- + Women's hips are conically shaped with a larger difference between the waist and hip measurements. The hipbelts are shaped and angled to accommodate this difference which allows a more comfortable load transfer and support.

SIZING / FIT



HOW TO MEASURE YOUR BACK FOR YOUR PACK



PACK FIT INSTRUCTIONS



1 POSITION THE PACK

Completely loosen the pack's hipbelt, harness and load-lifter straps. Load the pack with 10-20 lbs./ 4-9 kg. of gear.

Put the pack on and make sure the hipbelt is centered and rests over the hipbone. The hipbelt padding should sit halfway above/below the hipbone.



2 BUCKLE HIPBELT

Buckle and tighten the hipbelt evenly using Osprey's cross-body ErgoPull.

The padding of the hipbelt should wrap around the hips with approximately 1-3 in./2.5-6 cm. of webbing between the buckle and the hipbelt when tightened.



3 HIPBELT ADJUSTMENT

If the hipbelt is too large and "tops out" or does not offer the preferred amount of coverage, the customer may need a different pack size, model or adjustment (Fit-on-the-Fly hipbelt imaged).



4 TIGHTEN SHOULDER STRAP

Tighten the shoulder harness straps by pulling them down and back.

5 TIGHTEN LOAD LIFTERS

Tightening the load lifters will pull the pack close to the body and help stabilize the load.

If the torso length on the pack is adjusted correctly, the load lifters will sit between a 30- to 60-degree angle and align naturally with the shoulder straps.

SIZING / FIT



PACK FIT INSTRUCTIONS (CONTINUED)



6 CHECK TORSO LENGTH

Locate the harness yoke – this is where the harness straps come together near the base of the user's neck. Locate the C7 vertebra – the large protruding bone at the base of the neck. The yoke should be 1 in./2.5 cm. - 2 in./5 cm. below the C7 vertebra.



7 ADJUSTABLE HARNESS (TORSO LENGTH)

- a. Identify the harness plugs located in one of the four sizing loops on the backpanel.
- b. Grab the plug's pull loop with thumb and forefinger and pull the harness's LightWire extension out and to the sides of the pack. This releases the harness and allows it to slide up and down.
- c. Slide the harness up or down along the LightWire rails to the appropriate torso length.
- d. There are two load-lifter ladder lock options. Correspond the lower two or upper two backpanel settings to the lower or upper load-lifter ladder lock



8 STERNUM STRAP

Adjust the sternum strap to approximately 2"/5 cm below the collarbone; buckle and tighten to tension

FEATURES





TOP LID WEB LOOP ATTACHMENT POINTS

Top lid and front panel attachment points can be used to secure additional gear externally.



REMOVABLE FLOATING LID WITH TOP AND UNDER-LID ZIPPERED POCKETS

Dual upper side compression straps with quick release buckles compress and stabilize loads for optimal carry and can be used to secure items to side of pack.



DUAL, REMOVABLE SIDE COMPRESSION STRAPS

Removable side compression straps reduce weight.

- A. Unthread the webbing from the upper and lower ladder lock.
- B. Unthread the webbing from the three plastic side compressio attachment points.
- C. To replace, reverse the steps.



DUAL ACCESS STRETCH MESH SIDE POCKETS WITH INSIDEOUT COMPRESSION STRAPS

Dual access side stretch mesh pockets store smaller items and provide access when wearing the pack. Items can be inserted from the top or side.



INTEGRATED FLAPJACKET COVER FOR LIDLESS USE

When using pack without top lid, unfold FlapJacket buckles and attach to the front vertical compression straps.



STERNUM STRAP WITH
INTEGRATED SAFETY WHISTLE

FEATURES





STOW-ON-THE-GO TREKKING POLE ATTACHMENT

Osprey's Stow-on-the-Go trekking pole attachment is designed to quickly attach and carry trekking poles while wearing a pack.

- A. Locate the elasticized loop on the lower left side of pack. While pulling the loop out from the pack, insert the basket end of the trekking poles into the loop.
- B. On the left harness strap locate the trekking pole icon. Pull up on the cord to open, place pole handles in the loop and tighten with the cord lock to secure.
- C. Reverse these steps to remove the trekking poles.



ICE AXE ATTACHMENT WITH BUNGEE TIE-OFF

The ice tool loops and bungee tie-offs provide secure tool attachment.

- A. Slide the tool shaft through the top of the ice tool loop and flip the shaft up toward the top of the pack.
- B. Loosen the bungee cord lock and route the tool handle through the bungee. Tighten the cord lock nesting it into the Y-clip to secure the tool into place.
- C. Reverse to remove.



ACCESSORY CORD ATTACHMENT POINTS

Provide additional external gear attachment options.



FRONT STRETCH MESH POCKET FOR STASHING GEAR

Front stretch mesh pocket stores gear you need quick access to or holds wet gear to dry.



REMOVABLE SLEEPING PAD STRAPS

Removable sleeping pad straps for external attachment.



INTERNAL RESERVOIR SLEEVE

Place reservoir inside sleeve to help ensure proper pack weight distribution. Clip reservoir to buckled loop to keep upright.



For more information on this product and others, pack care, how to pack your pack, our lifetime guarantee, or to contact Osprey Customer Service, visit osprey.com.

OWNER'S MANUAL



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